



Join our upcoming Purina CE Webinar!

Purina Pro Plan Veterinary Diets will be hosting a CareVet exclusive live RACE-approved CE webinar



"Nutritional Management of Atopy & Food Allergy in Dogs & Cats"
July 22, 2025,
12:00 pm- 1:00pm Central Time.
Hosted by Dr. Shelly Adrian, DVM.

Nutritional Management of Atopy & Food Allergy in Dogs & Cats

1 CE Hrs

Program Description:

Canine atopy affects between 3-15% of the canine population with up to 30% also affected by food allergies. Similarly, 13-17% of cats who presented with certain dermatologic symptoms are diagnosed with either atopy or food allergies. Diagnosis of allergic dermatitis requires a multi-faceted approach, and each pet has different needs; however, once a proper diagnosis is made, nutritional and pharmacological management can be very helpful. The objective of this case-study format presentation is to provide insight on the diagnosis and treatment of allergic dermatitis while focusing on the implications of dietary omega-3 fatty acids and hydrolyzed protein diets.

Learning Objectives:

1. Providing insight on the diagnosis and treatment of allergic dermatitis

Shelly Adrian, DVM

Dr Shelly Adrian received her DVM from Kansas State University College of Veterinary Medicine in 2007. She went on to a rigorous one-year private practice internship, mainly focused on Emergency Medicine, at the Pet Emergency & Specialty Center in San Diego, CA. She remained with that clinic for an additional two years as an emergency veterinarian. In 2010, she entered general practice, and continues to practice in coastal San Diego. Shelly's areas of interest include nutrition, internal medicine, and emergency medicine.

In 2015, Shelly joined Nestle Purina Pet Care as a Veterinary Communications Manager and was named a Senior Veterinary Communications Manager in 2019. Her current responsibilities include supporting veterinary schools as well as providing education on behalf of the veterinary sales team. Shelly also took on the role of US Ambassador for the Purina Institute in 2021 and works to further communication to the veterinary community regarding the science behind nutrition.

Shelly resides with her physicist husband in San Diego and has three dogs: a 77-pound "greyhound-lookin' thing" named Nutmeg, a young "Monkey" golden retriever mix, who she found on Petfinder.com, and their newest addition "Walnut".



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